

Introduction to Dynamical Systems

George Voutsadakis¹

¹Mathematics and Computer Science
Lake Superior State University

LSSU Math 500

1 Ergodic Theory

- Notions from Measure Theory
- Invariant Measures
- Nontrivial Recurrence
- The Ergodic Theorem
- Metric Entropy
- Proof of the Ergodic Theorem

Subsection 1

Notions from Measure Theory

σ -Algebras

- Let X be a set.
- Let \mathcal{A} be a family of subsets of X .

Definition

\mathcal{A} is said to be a σ -**algebra** in X if:

1. $\emptyset, X \in \mathcal{A}$;
2. $X \setminus B \in \mathcal{A}$ when $B \in \mathcal{A}$;
3. $\bigcup_{n=1}^{\infty} B_n \in \mathcal{A}$ when $B_n \in \mathcal{A}$, for all $n \in \mathbb{N}$.

The σ -**algebra generated by a family** \mathcal{A} of subsets of X is the smallest σ -algebra in X containing all elements of \mathcal{A} .

Measure Spaces

Definition

Let \mathcal{A} be a σ -algebra in X . A function $\mu : \mathcal{A} \rightarrow [0, +\infty]$ is called a **measure on X (with respect to \mathcal{A})** if:

1. $\mu(\emptyset) = 0$;
2. Given pairwise disjoint sets $B_n \in \mathcal{A}$, for $n \in \mathbb{N}$, we have

$$\mu \left(\bigcup_{n=1}^{\infty} B_n \right) = \sum_{n=1}^{\infty} \mu(B_n).$$

We then say that (X, \mathcal{A}, μ) is a **measure space**.

- When the σ -algebra is understood from the context, we still refer to the pair (X, μ) as a “measure space”.

Examples

- Let \mathcal{A} be the σ -algebra in X containing all subsets of X . We define a measure $\mu : \mathcal{A} \rightarrow \mathbb{N}_0 \cup \{\infty\}$ on X by

$$\mu(B) = \text{card}B.$$

We call μ the **counting measure** on X .

- Let \mathcal{B} be the **Borel σ -algebra** in \mathbb{R} .

This is the σ -algebra generated by the open intervals.

Then there exists a unique measure $\lambda : \mathcal{B} \rightarrow [0, +\infty]$ on \mathbb{R} , such that

$$\lambda((a, b)) = b - a, \quad \text{for } a < b.$$

We call λ the **Lebesgue measure** on \mathbb{R} .

Example

- Let \mathcal{B} be the **Borel σ -algebra** in \mathbb{R}^n .

This is the σ -algebra generated by the open rectangles

$$\prod_{i=1}^n (a_i, b_i), \quad \text{with } a_i < b_i, \text{ for } i = 1, \dots, n.$$

Then there exists a unique measure $\lambda : \mathcal{B} \rightarrow [0, +\infty]$ on \mathbb{R}^n , such that

$$\lambda \left(\prod_{i=1}^n (a_i, b_i) \right) = \prod_{i=1}^n (b_i - a_i),$$

for any $a_i < b_i$ and $i = 1, \dots, n$.

We call λ the **Lebesgue measure** on \mathbb{R}^n .

Measurable Functions

- Let X be a set.
- Let \mathcal{A} be a σ -algebra in the set X .

Definition

A function $\varphi : X \rightarrow \mathbb{R}$ is said to be **\mathcal{A} -measurable** or simply **measurable** if

$$\varphi^{-1}B \in \mathcal{A}, \quad \text{for all } B \in \mathcal{B},$$

where \mathcal{B} is the Borel σ -algebra in \mathbb{R} .

Characteristic and Simple Functions

- The **characteristic function** of a set $B \subseteq X$, $\chi_B : X \rightarrow \{0, 1\}$ is defined by

$$\chi_B(x) = \begin{cases} 1, & \text{if } x \in B, \\ 0, & \text{if } x \notin B. \end{cases}$$

Definition

Given sets $B_1, \dots, B_n \in \mathcal{A}$ and numbers $a_1, \dots, a_n \in \mathbb{R}$, the function

$$s = \sum_{k=1}^n a_k \chi_{B_k}$$

is called a **simple function**.

- Clearly, all simple functions are measurable.

The Lebesgue Integral of a Positive Measurable Function

Definition

Let (X, μ) be a measure space. The **(Lebesgue) integral** of a measurable function $\varphi : X \rightarrow \mathbb{R}_0^+$ is defined by

$$\int_X \varphi d\mu = \sup \left\{ \sum_{k=1}^n a_k \mu(B_k) : \sum_{k=1}^n a_k \chi_{B_k} \leq \varphi \right\}.$$

The Lebesgue Integral of an Integrable Function

Definition

Let (X, μ) be a measure space. Let $\varphi : X \rightarrow \mathbb{R}$ be a measurable function. φ is μ -**integrable** if

$$\int_X \varphi^+ d\mu < \infty \quad \text{and} \quad \int_X \varphi^- d\mu < \infty,$$

where $\varphi^+ = \max\{\varphi, 0\}$ and $\varphi^- = \max\{-\varphi, 0\}$.

Definition

The **(Lebesgue) integral** of a μ -integrable function $\varphi : X \rightarrow \mathbb{R}$ is defined by

$$\int_X \varphi d\mu = \int_X \varphi^+ d\mu - \int_X \varphi^- d\mu.$$

Subsection 2

Invariant Measures

Measurable Functions and Invariant Measures

- Let (X, \mathcal{A}, μ) be a measure space.

Definition

A map $f : X \rightarrow X$ is said to be \mathcal{A} -**measurable** or simply **measurable** if

$$f^{-1}B \in \mathcal{A}, \quad \text{for every } B \in \mathcal{A},$$

where $f^{-1}B = \{x \in X : f(x) \in B\}$.

Definition

Given a measurable map $f : X \rightarrow X$, we say that μ is f -**invariant** and that f **preserves** μ if

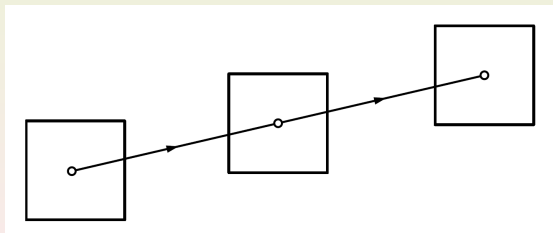
$$\mu(f^{-1}B) = \mu(B), \quad \text{for } B \in \mathcal{A}.$$

- We note that when f is an invertible map with measurable inverse, f -invariance is equivalent to $\mu(f(B)) = \mu(B)$, for $B \in \mathcal{A}$.

Example: Translations and Lebesgue Measure

- Given $v \in \mathbb{R}^n$, let $f : \mathbb{R}^n \rightarrow \mathbb{R}^n$ be the translation

$$f(x) = x + v.$$



Clearly, f is invertible.

We consider the Lebesgue measure λ on \mathbb{R}^n .

Example (Cont'd)

- For all $B \in \mathcal{B}$, we have

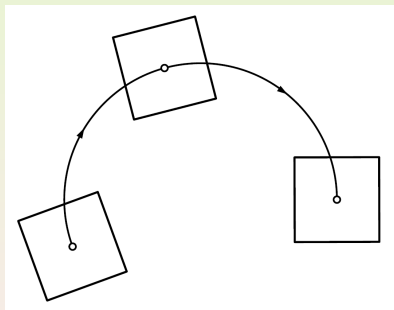
$$\begin{aligned}\lambda(f(B)) &= \int_{f(B)} 1 d\lambda \\ &= \int_B |\det d_x f| d\lambda(x) \\ &= \int_B 1 d\lambda \\ &= \lambda(B).\end{aligned}$$

So the measure λ is f -invariant.

So the translations of \mathbb{R}^n preserve Lebesgue measure.

Example: Rotations and Lebesgue Measure

- Let $f : \mathbb{R}^n \rightarrow \mathbb{R}^n$ be a rotation.



Then there exists an $n \times n$ orthogonal matrix A (i.e., such that $A^\top A = \text{Id}$, where A^\top is the transpose of A), such that

$$f(x) = Ax.$$

Example (Cont'd)

- Orthogonal matrices have determinant ± 1 .

Let λ be the Lebesgue measure on \mathbb{R}^n .

Then, for each $B \in \mathcal{B}$, we have

$$\begin{aligned}\lambda(f(B)) &= \int_{f(B)} 1 d\lambda \\ &= \int_B |\det d_x f| d\lambda(x) \\ &= \int_B |\det A| d\lambda \\ &= \int_B 1 d\lambda \\ &= \lambda(B).\end{aligned}$$

Rotations are invertible maps.

This shows that λ is f -invariant.

Thus, the rotations of \mathbb{R}^n preserve Lebesgue measure.

Example: Rotations of the Circle

- Consider a rotation of the circle $R_\alpha : S^1 \rightarrow S^1$.

Without loss of generality, we assume that $\alpha \in [0, 1]$.

We first introduce a measure μ on S^1 .

For each set $B \subseteq [0, 1]$ in the Borel σ -algebra in \mathbb{R} , we define

$$\mu(B) = \lambda(B).$$

Then μ is a measure on S^1 with $\mu(S^1) = 1$.

We also have $R_\alpha^{-1}B = B - \alpha$, where

$$B - \alpha = \{x - \alpha : x \in B\} \subseteq \mathbb{R}.$$

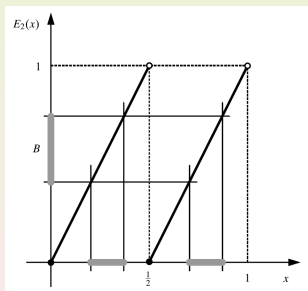
By the invariance of Lebesgue measure under translations,

$$\mu(R_\alpha^{-1}B) = \lambda(B - \alpha) = \lambda(B) = \mu(B).$$

This shows that the rotations of the circle preserve the measure μ .

Example: Expanding Maps

- Consider the expanding map $E_m : S^1 \rightarrow S^1$.
We show that the measure μ of the previous slide is E_m -invariant.
Let $B \subseteq [0, 1]$ be a set in the Borel σ -algebra in \mathbb{R} .



Then $E_m^{-1}B = \bigcup_{i=1}^m B_i$, where

$$B_i = \left\{ \frac{x+i}{m} : x \in B \right\} \pmod{1}.$$

Example (Cont'd)

- Note that the sets B_i are pairwise disjoint.

So we have

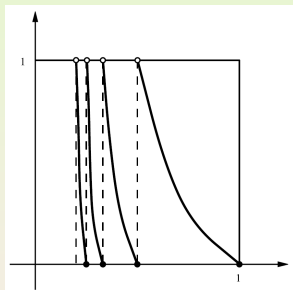
$$\begin{aligned}\mu(E_m^{-1}B) &= \sum_{i=1}^m \lambda(B_i) \\ &= \sum_{i=1}^m \frac{\lambda(B+i)}{m} \\ &= \sum_{i=1}^m \frac{\lambda(B)}{m} \\ &= \lambda(B) \\ &= \mu(B).\end{aligned}$$

Thus, the μ measure is E_m -invariant.

Example: The Gauss Map

- The **Gauss map** $f : [0, 1] \rightarrow [0, 1]$ is defined by

$$f(x) = \begin{cases} \frac{1}{x} \bmod 1, & \text{if } x \neq 0, \\ 0, & \text{if } x = 0. \end{cases}$$



The map f is related to the theory of continued fractions.

Let $x \in (0, 1)$ be an irrational number with continued fraction

$$x = \frac{1}{n_1 + \frac{1}{n_2 + \dots}}.$$

Then $n_j = \left\lfloor \frac{1}{f^{j-1}(x)} \right\rfloor$, for $j \in \mathbb{N}$.

Example (Cont'd)

- We show the Gauss map preserves the measure μ in $[0, 1]$ given by

$$\mu(A) = \int_A \frac{1}{1+x} dx.$$

We note that it is sufficient to consider the intervals of the form $(0, b)$, with $b \in (0, 1)$ (they generate the Borel σ -algebra).

Since $f^{-1}(0, b) = \bigcup_{n=1}^{\infty} (\frac{1}{n+b}, \frac{1}{n})$ is a disjoint union, we obtain

$$\begin{aligned} \mu(f^{-1}(0, b)) &= \sum_{n=1}^{\infty} \mu((\frac{1}{n+b}, \frac{1}{n})) \\ &= \sum_{n=1}^{\infty} \int_{1/(n+b)}^{1/n} \frac{1}{1+x} dx \\ &= \sum_{n=1}^{\infty} \log \frac{1+\frac{1}{n}}{1+\frac{1}{n+b}} \\ &= \sum_{n=1}^{\infty} (\log \frac{n+1}{n+1+b} - \log \frac{n}{n+b}) \\ &= -\log \frac{1}{1+b}. \end{aligned}$$

Thus, the measure μ is f -invariant.

Subsection 3

Nontrivial Recurrence

Poincaré's Recurrence Theorem

- We show that for a finite invariant measure, almost every point of a given set returns infinitely often to this set.

Theorem (Poincaré's Recurrence Theorem)

Let $f : X \rightarrow X$ be a measurable map. Let μ be a finite f -invariant measure on X . For each set $A \in \mathcal{A}$, we have

$$\mu(\{x \in A : f^n(x) \in A \text{ for infinitely many values of } n\}) = \mu(A).$$

Set

$$A_n = \bigcup_{k=n}^{\infty} f^{-k} A.$$

Define

$$B = \{x \in A : f^n(x) \in A \text{ for infinitely many values of } n\}.$$

Poincaré's Recurrence Theorem (Cont'd)

- We have

$$B = A \cap \bigcap_{n=1}^{\infty} A_n = A \setminus \bigcup_{n=1}^{\infty} (A \setminus A_n).$$

We note that

$$A \setminus A_n \subseteq A_0 \setminus A_n = A_0 \setminus f^{-n}A_0.$$

Now $A_0 \supseteq A_n = f^{-n}A_0$ and the measure μ is finite.

It follows, using that μ is f -invariant, that

$$0 \leq \mu(A \setminus A_n) \leq \mu(A_0 \setminus f^{-n}A_0) = \mu(A_0) - \mu(f^{-n}A_0) = 0.$$

Thus, $\mu(B) = \mu(A)$.

Example: Rotations of the Circle

- Consider a rotation of the circle

$$R_\alpha : S^1 \rightarrow S^1, \quad \alpha \in [0, 1].$$

Consider the Borel σ -algebra \mathcal{B} in \mathbb{R} .

Let μ be the measure S^1 defined by

$$\mu(B) = \lambda(B), \quad \text{for every } B \subseteq [0, 1] \text{ in } \mathcal{B}.$$

By a previous example, μ is R_α -invariant.

By the theorem, given $c \in [0, 1]$, the set

$$\{x \in [-c, c] : |R_\alpha^n(x)| \leq c \text{ for infinitely many values of } n\}$$

has measure $\mu([-c, c]) = 2c$.

So almost all points in $[-c, c]$ return infinitely often to $[-c, c]$.

- The property established in this example is trivial for $\alpha \in \mathbb{Q}$.
- When $\alpha \in \mathbb{R} \setminus \mathbb{Q}$, it also follows from the density of the orbits of R_α .

Example: Expanding Maps

- Consider the expanding map

$$E_m : S^1 \rightarrow S^1.$$

By a previous example, the measure μ on S^1 defined as in the preceding example is E_m -invariant.

By the theorem, for each interval $[a, b] \subseteq [0, 1]$, the set

$$\{x \in [a, b] : E_m^n(x) \in [a, b] \text{ for infinitely many values of } n\}$$

has measure $\mu([a, b]) = b - a$.

Subsection 4

The Ergodic Theorem

Birkhoff's Ergodic Theorem

- Poincaré's Recurrence Theorem says that for a finite invariant measure almost all points of a given set return infinitely often to this set.
- Birkhoff's Ergodic Theorem establishes a frequency of return.

Theorem (Birkhoff's Ergodic Theorem)

Let $f : X \rightarrow X$ be a measurable map. Let μ be a finite f -invariant measure on X . Given a μ -integrable function $\varphi : X \rightarrow \mathbb{R}$, the limit

$$\varphi_f(x) = \lim_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x))$$

exists for almost every point $x \in X$, the function φ_f is μ -integrable, and

$$\int_X \varphi_f d\mu = \int_X \varphi d\mu.$$

- The proof is given in the last section of this set.

Example

- Let $f : X \rightarrow X$ be a measurable map.

Let μ be a finite f -invariant measure on X .

Given a set $B \in \mathcal{A}$, consider the μ -integrable function $\varphi = \chi_B$.

We have

$$\begin{aligned} \int_X \varphi d\mu &= \int_X \chi_B d\mu = \mu(B); \\ \varphi_f(x) &= \lim_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \chi_B(f^k(x)) \\ &= \lim_{n \rightarrow \infty} \frac{1}{n} \text{card}\{k \in \{0, \dots, n-1\} : f^k(x) \in B\}. \end{aligned}$$

By Birkhoff's Theorem,

$$\int_X \lim_{n \rightarrow \infty} \frac{1}{n} \text{card}\{k \in \{0, \dots, n-1\} : f^k(x) \in B\} d\mu(x) = \mu(B).$$

The number $\varphi_f(x)$ can be described as the frequency with which the orbit of x visits the set B . So, Birkhoff's Ergodic Theorem describes in quantitative terms how often each orbit returns to the set B .

Lyapunov Exponent

- Let $f : M \rightarrow M$ be a differentiable map.

Definition

Given $x \in M$ and $v \in T_x M$, the **Lyapunov exponent** of the pair (x, v) is defined by

$$\lambda(x, v) = \limsup_{n \rightarrow \infty} \frac{1}{n} \log \|d_x f^n v\|.$$

Lyapunov Exponent and Birkhoff's Theorem

- Now we consider the particular case of the maps of the circle.

Theorem

Let $f : S^1 \rightarrow S^1$ be a C^1 map. Let μ be a finite f -invariant measure on S^1 . Then $\lambda(x, v)$ is a limit for almost every x , that is,

$$\lambda(x, v) = \lim_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x)),$$

for almost every $x \in S^1$ and any $v \neq 0$, where $\varphi(x) = \log \|d_x f\|$.

- Since the circle S^1 has dimension 1, we have

$$\|d_x f^n v\| = \|d_x f^n\| \cdot \|v\|.$$

Prof of the Theorem

- Thus, for each $v \neq 0$,

$$\lambda(x, v) = \limsup_{n \rightarrow \infty} \frac{1}{n} \log \|d_x f^n\|.$$

Recall the identity

$$d_x f^n = d_{f^{n-1}(x)} f \circ \cdots \circ d_{f(x)} f \circ d_x f.$$

It follows that

$$\|d_x f^n\| = \prod_{k=0}^{n-1} \|d_{f^k(x)} f\|.$$

Thus, if $\varphi(x) = \log \|d_x f\|$,

$$\frac{1}{n} \log \|d_x f^n\| = \frac{1}{n} \sum_{k=0}^{n-1} \log \|d_{f^k(x)} f\| = \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x)).$$

Prof of the Theorem (Cont'd)

- We saw that

$$\frac{1}{n} \log \|d_x f^n\| = \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x)).$$

Thus, we get, for each $v \neq 0$,

$$\lambda(x, v) = \limsup_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x)).$$

Now the function φ is continuous.

So the result follows from Birkhoff's Ergodic Theorem.

Subsection 5

Metric Entropy

Partitions of a Measure Space

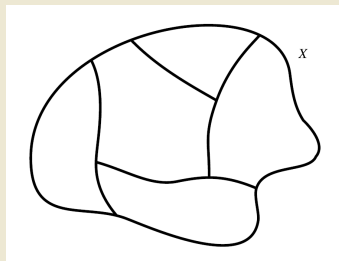
- Let (X, \mathcal{A}, μ) be a measure space, with $\mu(X) = 1$.

Definition

A finite set $\xi \subseteq \mathcal{A}$ is called a **partition** of X (with respect to μ) if:

- $\mu(\bigcup_{C \in \xi} C) = 1$;
- For all $C, D \in \xi$, with $C \neq D$,

$$\mu(C \cap D) = 0.$$



Derived Partitions

- Let $f : X \rightarrow X$ be a measurable map preserving the measure μ .
- Let ξ be a partition of X and $n \in \mathbb{N}$.
- We construct a new partition ξ_n formed by the sets

$$C_1 \cap f^{-1}C_2 \cap \dots \cap f^{-(n-1)}C_n,$$

with $C_1, \dots, C_n \in \xi$.

Definition

We define

$$h_\mu(f, \xi) = \inf_{n \in \mathbb{N}} -\frac{1}{n} \sum_{C \in \xi_n} \mu(C) \log \mu(C),$$

with the convention that $0 \log 0 = 0$.

Example

- Let $f = \text{Id}$.

Let ξ be a partition of X and $n \in \mathbb{N}$.

Then we have

$$\xi_n = \xi.$$

Thus,

$$h_\mu(f, \xi) = \inf_{n \in \mathbb{N}} -\frac{1}{n} \sum_{C \in \xi} \mu(C) \log \mu(C) = 0.$$

Example

- Consider the expanding map $E_2 : S^1 \rightarrow S^1$.

Let μ be the E_2 -invariant measure defined previously.

Consider the partition $\xi = \{[0, \frac{1}{2}], [\frac{1}{2}, 1]\}$ and let $n \in \mathbb{N}$.

Then we have

$$\xi_n = \left\{ \left[\frac{i}{2^n}, \frac{i+1}{2^n} \right] : i = 0, \dots, 2^n - 1 \right\}.$$

Thus,

$$\begin{aligned} h_\mu(E_2, \xi) &= \inf_{n \in \mathbb{N}} -\frac{1}{n} \sum_{C \in \xi_n} \mu(C) \log \mu(C) \\ &= \inf_{n \in \mathbb{N}} -\frac{1}{n} \cdot 2^n \cdot \frac{1}{2^n} \log \frac{1}{2^n} \\ &= \log 2. \end{aligned}$$

Metric Entropy

Definition

The **metric entropy** of f with respect to μ is defined by

$$h_\mu(f) = \sup_{n \in \mathbb{N}} h_\mu(f, \xi^{(n)}),$$

where $\xi^{(n)}$ is any sequence of partitions, such that:

1. Given $n \in \mathbb{N}$ and $C \in \xi^{(n)}$, there exist $C_1, \dots, C_m \in \xi^{(n+1)}$, such that

$$\mu \left(C \setminus \bigcup_{i=1}^m C_i \right) = \mu \left(\bigcup_{i=1}^m C_i \setminus C \right) = 0;$$

2. The union of all partitions $\xi^{(n)}$ generates the σ -algebra \mathcal{A} .
- One can show that the definition of $h_\mu(f)$ indeed does not depend on the particular sequence $\xi^{(n)}$.

Example: Rotations of the Circle

- Let $R_\alpha : S^1 \rightarrow S^1$ be a rotation of the circle.

Let μ be the R_α -invariant measure defined previously.

Let ξ be a partition of X by intervals and $n \in \mathbb{N}$.

The endpoints of the intervals in the preimages $f^{-i}\xi$, for $i = 0, \dots, n-1$, determine at most $n \text{card}\xi$ points in S^1 .

It follows that

$$\text{card}\xi_n \leq n \text{card}\xi.$$

Note that

$$-\sum_{C \in \xi_n} \mu(C) \log \mu(C) = \sum_{C \in \xi_n} \varphi(\mu(C)).$$

where

$$\varphi(x) = \begin{cases} -x \log x, & \text{if } x \in (0, 1], \\ 0, & \text{if } x = 0. \end{cases}$$

Example: Rotations of the Circle (Cont'd)

- We have $\varphi''(x) = -\frac{1}{x} < 0$, for $x \in (0, 1)$.
So the function φ is strictly concave.

Thus, we get

$$\begin{aligned}
 -\sum_{C \in \xi_n} \mu(C) \log \mu(C) &= \sum_{C \in \xi_n} \frac{1}{\text{card} \xi_n} \varphi(\mu(C)) \text{card} \xi_n \\
 &\leq \varphi\left(\sum_{C \in \xi_n} \frac{\mu(C)}{\text{card} \xi_n}\right) \text{card} \xi_n \\
 &= \varphi\left(\frac{1}{\text{card} \xi_n}\right) \text{card} \xi_n \\
 &= -\log \frac{1}{\text{card} \xi_n} \\
 &= \log \text{card} \xi_n.
 \end{aligned}$$

Hence, it follows that

$$h_\mu(f, \xi) \leq \inf_{n \in \mathbb{N}} \frac{1}{n} \log \text{card} \xi_n \leq \inf_{n \in \mathbb{N}} \frac{1}{n} \log (n \text{card} \xi) = 0.$$

Thus, $h_\mu(f) = 0$.

Example

- Consider the expanding map $E_2 : S^1 \rightarrow S^1$.
Let μ be the E_2 -invariant measure defined previously.
Consider the partition

$$\xi^{(m)} = \left\{ \left[\frac{i}{2^m}, \frac{i+1}{2^m} \right] : i = 0, \dots, 2^m - 1 \right\}.$$

For each $m, n \in \mathbb{N}$, we obtain

$$\begin{aligned} \xi_n^{(m)} &= \left\{ \left[\frac{i}{2^{m+n-1}}, \frac{i+1}{2^{m+n-1}} \right] : i = 0, \dots, 2^{m+n-1} - 1 \right\} \\ &= \xi^{(m+n-1)}. \end{aligned}$$

Example (Cont'd)

- Now we get

$$\begin{aligned}
 h_\mu(E_2, \xi^{(m)}) &= \inf_{n \in \mathbb{N}} -\frac{1}{n} \sum_{C \in \xi_n^{(m)}} \mu(C) \log \mu(C) \\
 &= \inf_{n \in \mathbb{N}} -\frac{1}{n} \sum_{C \in \xi^{(m+n-1)}} \mu(C) \log \mu(C) \\
 &= \inf_{n \in \mathbb{N}} -\frac{1}{n} \cdot 2^{m+n-1} \cdot \frac{1}{2^{m+n-1}} \log \frac{1}{2^{m+n-1}} \\
 &= \inf_{n \in \mathbb{N}} \frac{m+n-1}{n} \log 2 \\
 &= \log 2.
 \end{aligned}$$

The partitions $\xi^{(m)}$ satisfy the hypotheses of the definition.

We conclude that

$$h_\mu(E_2) = \sup_{m \in \mathbb{N}} h_\mu(E_2, \xi^{(m)}) = \log 2.$$

Subsection 6

Proof of the Ergodic Theorem

Lemma 1

Lemma

Given a μ -integrable function $\psi : X \rightarrow \mathbb{R}$, the function $\psi \circ f$ is also μ -integrable and

$$\int_X (\psi \circ f) d\mu = \int_X \psi d\mu.$$

- Given a set $B \in \mathcal{A}$, f -invariance means

$$\int_X \chi_{f^{-1}B} d\mu = \int_X \chi_B d\mu.$$

Equivalently, since $\chi_B \circ f = \chi_{f^{-1}B}$,

$$\int_X (\chi_B \circ f) d\mu = \int_X \chi_B d\mu.$$

Lemma 1 (Cont'd)

- We obtained

$$\int_X (\chi_B \circ f) d\mu = \int_X \chi_B d\mu.$$

For a simple function

$$s = \sum_{k=1}^n a_k \chi_{B_k},$$

it follows that

$$\int_X (s \circ f) d\mu = \int_X s d\mu.$$

In general, we have

$$\psi = \psi^+ - \psi^- \quad \text{and} \quad \psi^+, \psi^- \geq 0.$$

By the definition of Lebesgue integrals, it is sufficient to establish the result for nonnegative functions.

Lemma 1 (Cont'd)

- Let $\psi : X \rightarrow \mathbb{R}_0^+$ be a μ -integrable function.

By the definition of the integral, there exists a sequence of simple functions $(s_n)_{n \in \mathbb{N}}$, such that:

- $0 \leq s_n \leq s_{n+1} \leq \psi$ for $n \in \mathbb{N}$, with $\lim_{n \rightarrow \infty} s_n(x) = \psi(x)$, for $x \in X$;
- $\lim_{n \rightarrow \infty} \int_X s_n d\mu = \int_X \psi d\mu$.

By Fatou's Lemma,

$$\begin{aligned}
 \int_X \lim_{n \rightarrow \infty} (s_n \circ f) d\mu &\leq \liminf_{n \rightarrow \infty} \int_X (s_n \circ f) d\mu \\
 &= \liminf_{n \rightarrow \infty} \int_X s_n d\mu \\
 &= \lim_{n \rightarrow \infty} \int_X s_n d\mu \\
 &= \int_X \psi d\mu \\
 &< \infty.
 \end{aligned}$$

Hence, the function $\lim_{n \rightarrow \infty} (s_n \circ f) = \psi \circ f$ is μ -integrable.

Lemma 1 (Conclusion)

- By construction, $s_n \circ f \nearrow \psi \circ f$ when $n \rightarrow \infty$.

By the Monotone Convergence Theorem, the limit exists,

$$\lim_{n \rightarrow \infty} \int_X (s_n \circ f) d\mu = \int_X \lim_{n \rightarrow \infty} (s_n \circ f) d\mu = \int_X (\psi \circ f) d\mu.$$

Finally, we obtain

$$\begin{aligned} \int_X (\psi \circ f) d\mu &= \lim_{n \rightarrow \infty} \int_X (s_n \circ f) d\mu \\ &= \lim_{n \rightarrow \infty} \int_X s_n d\mu \\ &= \int_X \psi d\mu. \end{aligned}$$

This completes the proof of the lemma.

Lemma 2

- Now we consider the set

$$A = \left\{ x \in X : \sup_{n \in \mathbb{N}} \sum_{k=0}^{n-1} \varphi(f^k(x)) > 0 \right\}.$$

Lemma

We have

$$\int_A \varphi d\mu \geq 0.$$

- The functions $s_0(x) = 0$ and $s_n(x) = \sum_{k=0}^{n-1} \varphi(f^k(x))$, for $n \in \mathbb{N}$, satisfy the identity

$$s_n(f(x)) = \sum_{k=0}^{n-1} \varphi(f^k(f(x))) = \sum_{k=0}^{n-1} \varphi(f^{k+1}(x)) = s_{n+1}(x) - \varphi(x).$$

Lemma 2 (Cont'd)

- Write $t_n(x) = \max \{s_1(x), \dots, s_n(x)\}$ and $r_n(x) = \max \{0, t_n(x)\}$.

Then we obtain

$$r_n(f(x)) = t_{n+1}(x) - \varphi(x).$$

On the set $A_n = \{x \in X : t_n(x) > 0\}$, we have $t_n(x) = r_n(x)$. Thus,

$$\int_{A_n} t_{n+1} d\mu \geq \int_{A_n} t_n d\mu = \int_{A_n} r_n d\mu = \int_X r_n d\mu.$$

We now have, taking into account Lemma 1,

$$\begin{aligned} \int_{A_n} \varphi d\mu &= \int_{A_n} t_{n+1} d\mu - \int_{A_n} (r_n \circ f) d\mu \\ &\geq \int_X r_n d\mu - \int_X (r_n \circ f) d\mu = 0. \end{aligned}$$

Now we note that $A_n \subseteq A_{n+1}$, for all $n \in \mathbb{N}$, and $\bigcup_{n=1}^{\infty} A_n = A$.

Hence, letting $n \rightarrow \infty$, we obtain $\int_A \varphi d\mu \geq 0$.

Proof of the Ergodic Theorem

- Given $a, b \in \mathbb{Q}$ with $a < b$, consider the set

$$B = B_{a,b} = \left\{ x \in X : \liminf_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x)) < a < b < \limsup_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x)) \right\}.$$

Consider also the function

$$\psi(x) = \begin{cases} \varphi(x) - b, & \text{if } x \in B, \\ 0, & \text{if } x \notin B. \end{cases}$$

Define

$$\begin{aligned} A_\psi &= \{x \in X : \sup_{n \in \mathbb{N}} \frac{1}{n} \sum_{k=0}^{n-1} \psi(f^k(x)) > 0\} \\ &= \{x \in X : \sup_{n \in \mathbb{N}} \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x)) > b\}. \end{aligned}$$

By Lemma 2, $\int_{A_\psi} \psi d\mu \geq 0$.

Proof of the Ergodic Theorem (Cont'd)

- We note that $A_\psi \supseteq B$.

Since $f^{-1}B = B$, we also have, for $x \notin B$,

$$\sum_{k=0}^{n-1} \psi(f^k(x)) = 0.$$

That is

$$X \setminus B \subseteq X \setminus A_\psi.$$

This shows that $A_\psi = B$.

So the inequality $\int_{A_\psi} \psi d\mu \geq 0$ is equivalent to

$$\int_B \varphi d\mu \geq b\mu(B).$$

Proof of the Ergodic Theorem (Cont'd)

- Similarly, we may consider

$$\bar{\psi}(x) = \begin{cases} a - \varphi(x), & \text{if } x \in B, \\ 0, & \text{if } x \notin B. \end{cases}$$

By similar reasoning, we can show that

$$\int_B \varphi d\mu \leq a\mu(B).$$

Since $a < b$, it follows that $\mu(B_{a,b}) = \mu(B) = 0$.

But the union of the sets $B_{a,b}$, for $a, b \in \mathbb{Q}$, with $a < b$, coincides with the set of points $x \in X$, such that

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x)) < \limsup_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x)).$$

So $\varphi_f(x) = \lim_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi(f^k(x))$ exists for almost every $x \in X$.

Proof of the Ergodic Theorem (Cont'd)

- It remains to establish the integrability of the function φ_f and the identity

$$\int_X \varphi_f d\mu = \int_X \varphi d\mu.$$

Write $\varphi = \varphi^+ - \varphi^-$.

The functions φ^+ and φ^- are μ -integrable.

By the previous argument, the limits

$$\begin{aligned}\varphi_f^+(x) &= \lim_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi^+(f^k(x)), \\ \varphi_f^-(x) &= \lim_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi^-(f^k(x))\end{aligned}$$

exist for almost every $x \in X$.

Proof of the Ergodic Theorem (Cont'd)

- By Fatou's Lemma, together with Lemma 1,

$$\begin{aligned}\int_X \varphi_f^+ d\mu &\leq \liminf_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} (\varphi^+ \circ f^k) d\mu \\ &= \liminf_{n \rightarrow \infty} \frac{1}{n} \sum_{k=0}^{n-1} \varphi^+ d\mu \\ &= \int_X \varphi^+ d\mu \\ &< \infty.\end{aligned}$$

Analogously,

$$\int_X \varphi_f^- d\mu \leq \int_X \varphi^- d\mu < \infty.$$

Thus, the functions φ_f^+ and φ_f^- are μ -integrable.

It follows that φ_f is also μ -integrable.

Proof of the Ergodic Theorem (Cont'd)

- Consider, for each $a, b \in \mathbb{Q}$, with $a < b$, the set

$$D_{a,b} = \{x \in X : a \leq \varphi_f(x) \leq b\}.$$

One can repeat the former argument to show that

$$a\mu(D_{a,b}) \leq \int_{D_{a,b}} \varphi d\mu \leq b\mu(D_{a,b}).$$

We also have

$$a\mu(D_{a,b}) \leq \int_{D_{a,b}} \varphi_f d\mu \leq b\mu(D_{a,b}).$$

Thus,

$$\left| \int_{D_{a,b}} \varphi_f d\mu - \int_{D_{a,b}} \varphi d\mu \right| \leq (b - a)\mu(D_{a,b}).$$

Proof of the Ergodic Theorem (Conclusion)

- We obtained

$$\left| \int_{D_{a,b}} \varphi f d\mu - \int_{D_{a,b}} \varphi d\mu \right| \leq (b-a)\mu(D_{a,b}).$$

Hence, given $r > 0$, and setting $E_n = D_{nr, (n+1)r}$, we obtain

$$\begin{aligned} \left| \int_X \varphi f d\mu - \int_X \varphi d\mu \right| &\leq \sum_{n \in \mathbb{Z}} \left| \int_{E_n} \varphi f d\mu - \int_{E_n} \varphi d\mu \right| \\ &\leq \sum_{n \in \mathbb{Z}} r \mu(E_n) \\ &= r. \end{aligned}$$

Letting $r \rightarrow 0$, we conclude that

$$\int_X \varphi f d\mu = \int_X \varphi d\mu.$$